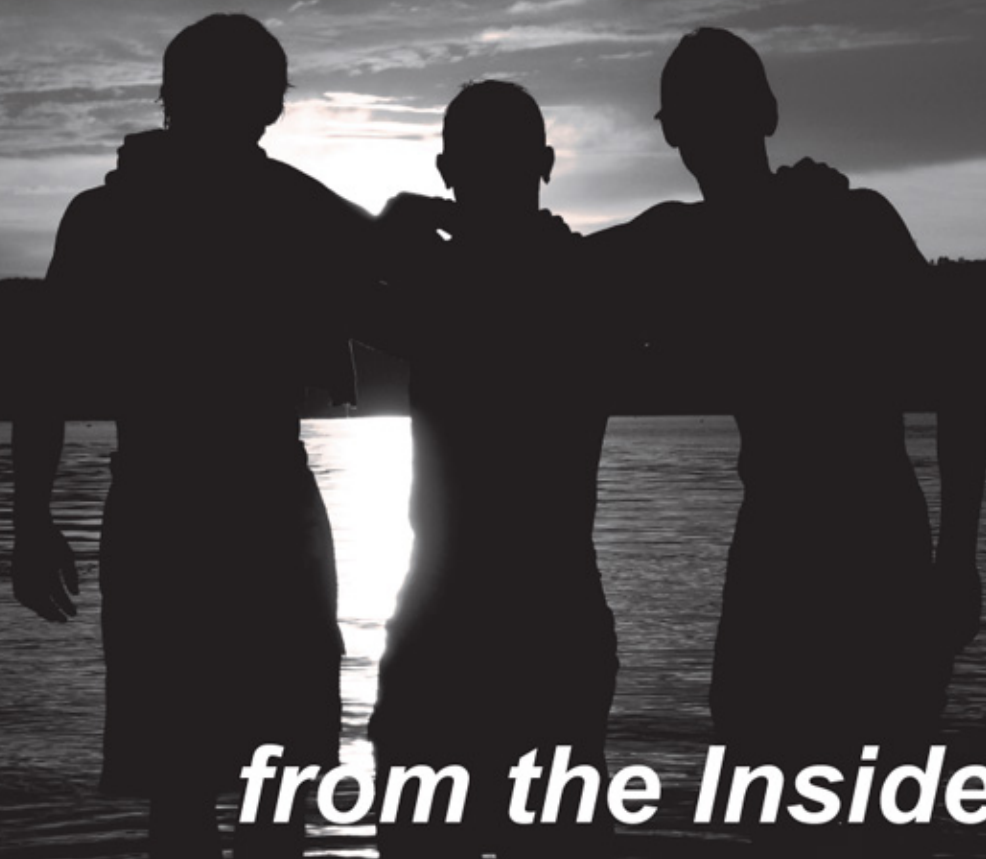


Building Strength



from the Inside-Out

MARK YOUR CALENDARS

Camp Strength

June 7th-11th
Ages 13-19 (9am - 230pm)
N. Hanover YMCA

"Power of One:" A Purpose Driven Life"

June 11th
Doors open at 6:00pm
Event from 6:30-8:00pm
Guthrie Memorial Library's
John D. Bare Center

Training Leaders through Athletics
Proudly presents:

Camp Strength: Power of One™

Camp Strength

- (5) Sessions of intense training on becoming the "Ultimate Teammate"
- Expert strength, speed and agility training combined with a unique "special forces" challenge provided by the Institute of Athletic Development (IAD)
- Cutting-edge Leadership Development Coaching from an all-star staff that will give you an edge on and off the field
- Team and individual competitions among the top area athletes with a camper-selected McDonald's "Ultimate Athlete" Award and \$1000 scholarship

"Power of One": A Purpose Driven Life"

- TLA Seminar with Tyler Clabaugh (2008 Ten Outstanding Young American) and Joe Lenker (Founder of IAD)
- Interactive workshop focused on using your platform of leadership to build leaders around you
- Define the *purpose* that *drives* your life, and how to leave a legacy of excellence that spans generations of leadership
- Learn to use your platform to win championships on the field, in the classroom, and in your life



Institute of Athletic
Development (IAD)
& Training Leaders
through Athletics
(TLA)

For Camp Registration Information or Tickets, Please Call or Email :
(717) 476-8490 / trainingleaders@gmail.com

For more information, visit:
www.iadtlateam.com